

## 4-H Super Sitter virtual clinic

Do you want to know how to become a super sitter? Join us for a virtual clinic to learn all you need to know! Our goal is for you to walk away with the knowledge to be a Super Sitter Hero!

The clinic will include:

- hands-on learning activities to do at home,
- information on ages/stages,
- baby well care,
- activities to do with toddlers/preschoolers/older youth and healthy snacks,
- speakers from Countryside Public Health and local agencies.

## **Event Details**

Date: Monday, June 8th - Friday, June 12th

Time: 10 am-12 pm and 1 pm-3 pm (Monday); 10 am -11 am and 1 pm - 3 pm (Tuesday through Friday)

Who: Open to all youth in grades 5+ (2019-2020 school year)

Cost: FREE!

## Registration

To register, go to <u>z.umn.edu/supersitter</u> by June 4, 2020. Link to participate will be emailed to all registered participants.

## Questions?

Contact Suzanne Souza, Extension Educator, 4-H Youth Development, Big Stone County at souza004@umn.edu.